



MAY



week 1	Monday-1	Tuesday-2	Wednesday-3	Thursday-4	Friday-5
breakfast	Cereal, Peaches & Milk	Egg Sandwiches, HM(English Muffin, Cheese) Grapes & Milk	French Toast(HM), Applesauce & Milk	Oatmeal, Bananas & Milk	English Muffins, Berries & Milk
am snack	Grapes, Pretzels & Milk	Yogurt, granola & Water	Banana Chips, Sunbutter dip & Water	Fruit Salad(HM) & Milk Apples, Raisins, Cranberries, Yogurt	Zucchini & Carrot Muffins(HM) & Milk
lunch	Spaghetti w/ Grd Turkey, Broccoli, Fruit Cocktail & Milk	Beef Tacos w/ cheese, lettuce, corn, Mandarin Oranges & Milk	Chicken & Veggie Bake, Brown Rice, Pears & Milk	Smoked Sausage & Potato Bake, Green Beans, Peaches & Milk	Sandwich Wraps, Mixed Veggies Applesauce & Milk
pm snack	Apples & cheddar chunks & Water	Mixed veggies, Dip & Milk	String Cheese, Club crackers & Water	Chips, Salsa & Milk	Hummus, Pita Chips & Milk
week 2	Monday-8	Tuesday-9	Wednesday-10	Thursday-11	Friday-12
breakfast	Cereal, Peaches & Milk	Egg Casserole, Grapes & Milk	Pancakes, Applesauce & Milk	Oatmeal, Berries & Milk	Bagels, Bananas & Milk
am snack	Cottage Cheese ,Pineapple & Water	Raisins, Celery & Milk	Mediterranean Quinoa Salad(HM) & Milk	Hard Boiled Eggs, Toast & Milk	Fruit Smoothies(HM) & Water
lunch	Alfredo Pasta, Mixed Vegetables, Mandarin Oranges & Milk	Quesadillas w/ Chicken, Corn, Fruit Cocktail & Milk	Sloppy(turkey) Joes, Green Beans, Peaches & Milk	Chicken Pasta Salad, Applesauce, Broccoli & Milk(chicken, Wheat noodles, dressing)	Meatball Sub, Peas & Carrots, Mixed Fruit & Milk
pm snack	Cucumbers & Carrots, Dip & Milk	Chips, Salsa & Milk	Oranges, Graham Crackers & Water	Hummus, Pita Bread & Milk	Cheese, Crackers & water
week 3	Monday-15	Tuesday-16	Wednesday-17	Thursday-18	Friday-19
breakfast	Cereal, Peaches & Milk	Breakfast Burritos, Grapes & Milk	Waffles, Applesauce & Milk	Oatmeal, Bananas & Milk	English Muffins, Mixed Fruit & Milk
am snack	Yogurt, Berries & Milk	Orange Slices & Milk	Melon & Mixed Fruit Salad & Milk	Apple Slices, Yogurt dip & Water	Scones(HM) & Milk (Fruit, veggies and dough)
lunch	Cheese Tortellini, Green Beans, Mandarin Oranges & Milk	Beef Tacos, Corn, Peaches & Milk	Shredded Pork BBQ Sandwiches, Cole Slaw, Peaches & Milk	Chicken Stir Fry, Cali. Veggies, Fruit Cocktail & Milk	Tuna fish Sandwich, Mixed veggies, Pineapple & Milk
pm snack	Mixed veggies, Dip & Milk	Banana Chips, Sunbutter Dip, Milk	Hummus, Pretzels & Milk	Crackers and Cheddar Chunks & Water	Chips, Salsa & Milk
week 4	Monday-22	Tuesday-23	Wednesday-24	Thursday-25	Friday-26
breakfast	Cereal, Peaches & Milk	Scrambled Eggs, Grapes & Milk	Pancakes, Applesauce & Milk	Oatmeal, Bananas & Milk	Bagels, Cantaloupe & Milk
am snack	Yogurt, Berries & Milk	Cottage Cheese, Pineapple & Water	Oranges, Pretzels & Water	Hard Boiled Eggs, Crackers & Water	Hummus, Pita Bread & Milk
lunch	Macaroni & Cheese, Broccoli, Fruit Cocktail, Milk	Chicken Fajitas, Corn, Mandarin Oranges & Milk	Tuna Macaroni Salad, Peas, Pears & Milk	Beef Sliders, Sweet Potato Fries, Pineapple & Milk	Sunbutter & Jelly Sandwich, Carrots, Pears & Milk
pm snack	Raisins, celery & Milk	Chips, Salsa & Milk	Graham Crackers, Sweet Potato Dip & Milk	Mixed Veggies, Dip & Milk	String Cheese, Ritz Crackers & Water

***This institution is an equal opportunity provider**

HM = Homemade